

MUNCHIES

Our chips are Non GMO, Gluten free and preservative free.

Vegan Cheese Available \$1.50 extra

V
GF **Chips & Salsa** \$2.95 **V**
GF **Chips & Guacamole** \$5.95

V
GF **Nachos** \$8.75
Jack and cheddar cheeses melted on tortilla chips with guacamole, served with our freshly made salsa and sour cream.

With our Killer Chili \$2.25 extra

With our Black Bean Chili \$2.25 extra

With Chicken \$2.75 extra

GF **Thai Nachos** \$11.25
Corn tortilla chips topped with garlic chicken, water chestnuts, Thai peanut sauce, Jack cheese and cilantro.

S
GF **Southwest Nachos** \$11.50
Pepper jack and cheddar cheeses, Ortega chilies, garlic chicken, guacamole and black olives, green enchilada sauce, served with salsa and sour cream.

V
GF **Hummus**
Garbanzo beans blended with olive oil, garlic and spices.

-Healthy and delicious!

Served with Tortilla Chips \$5.95

Served with Pita Bread \$6.25

Served with Veggie Sticks \$6.95

V
GF **Artichoke Dip** \$6.95
Artichoke hearts blended with cheese and mild chiles, served hot, with tortilla chips.

V **Falafel Plate** \$9.75
Falafel balls, pita bread, brown rice, cucumber and carrots, served with hummus and low-fat Creamy Herb dressing.

V **Quesadilla** \$7.00
Jack Cheese and mild green chilies melted in a whole wheat tortilla, served with guacamole, salsa, and sour cream.
With Avocado \$8.75
With Chicken \$9.50
With Shrimp & Avocado \$11.00
With Gluten Free Tortilla \$8.00

S **Ghost Pepper Quesadilla** \$9.95
Spicy pepper jack cheese, mild green chilies and garlic chicken. Served with a side of guacamole, pico de gallo, sour cream and salsa.

V
S **Vegan Roasted Veggie Quesadilla** \$9.50
Vegan cheddar cheese with roasted veggies and mild green chilies.

V
GF **Fruit & Frozen Yogurt Plate** \$9.25
Seasonal sliced fruit aside a dollop of non-fat vanilla frozen yogurt.

V
GF **Assorted Sliced Fruit** \$5.95

V **Melted Cheese Bread** \$3.75
Two slices of toasted squaw with melted cheddar and Swiss cheeses.

V **Garlic Bread** \$3.25
Two slices on sourdough bread.

V **Avocado Toasties** \$9.25
Sourdough toast, smashed avocado, lemon pepper and olive oil. Served with fruit.

V **Arugula and Avocado Toasties** \$10.25
Sourdough toast, avocado, strawberries, arugula, sesame seeds and olive oil. Served with fruit.

S **Seasonal Special** **V** **Vegetarian** **GF** **Gluten Free**

